THE EVEREST

SERVING YOU THE BEST OF NEPALESE & INDIAN CUISINE

At The Everest we offer authentically prepared and the best of Nepalese and Indian Cuisine. We are passionate about the food we serve. Our chef has mastered flavours of India's & Nepal's aromatic herbs, spices, and other ingredients that teaseyour taste buds. Hospitality is our forte, your experience with friendly service and great menu choice is paramount. We understand your desire for a superb culinary experience and our team will endevour to achieve it for you.

£2.00

£4.95

£6.00

£6.50

EVEREST PURI (G)

fried round flat breads.

NEPALESE STARTERS

POPPADUMS WITH HOME-MADE CHUTNEY TRAY (D) ALOO TAREKO (V)

Potato cake stuffed with curnin and fresh ginger.

CHOILA (SALAD) (D) CHICKEN £6.50/ LAMB £7.50 Spicy Grilled chicken or lamb with fenugreek, red onions, spring onions, ginger garlic, green chillies, lemon and coriander from Kathmandu valley.

MOMO (G) VEG (V) £5.50 / CHICKEN £6.00

Popular Nepali delicacy, minced & seasoned dumpling steamed and served with popular Nepali chutney. (Note: Min. 15 minutes to cook)

PIRO KUKHURA (E) OR PIRO PANEER (E) (D

Wok Fried chilly chicken or paneer cooked in Nepalese spices with spring onions and mixed pepper sauce.

PORK SEKUWA

Traditional grilled pork belly with fresh herbs and spices cooked in tandoori grill.

GARLIC MURGH MALAI TIKKA (D)

Chicken marinated with yoghurt, ginger, garlic, cheese cooked in tandoori grill.

EVEREST SAMOSA (G) (V) (D)

Homemade veg samosa with green peas, corn, potatoes, and crushed chillies.

VEG MANCHURIAN (V) (G)	
Mix vegetables Balls tossed in Chilli garlic sauce.	

LASOONI KING PRAWNS (D)

Tandoori king prawns with herbs and spices marinated with carom seeds.

SALMON TIKKA (D) £7.95 / Mains £13.95 Tikka of salmon marinated with aromatic herbs and cooked in a tandoori oven. TAREKO SEABASS £7.95 Marinated seabass, folded and crispy fried served with Nepali chutney. EVEREST VEG PLATTER FOR TWO (G) (D) (E) £10.95 Freshly prepared samosa, onion bhaji, potatoe cake, yeq manchurian. EVEREST MIX PLATTER FOR TWO (G) (D) (E) £12.95 Freshly prepared samosa, onion bhaji, chicken tikka & lamb kebab.

Prawns cooked with Nepalese spices, served with deep

EVEREST SEAFOOD PLATTER FOR TWO (G) (D) (E) £14.95 Salmon tikka, tandoori king prawn, fish cake, chilli and garlic squid.

CLASSICAL INDIAN STARTERS £6.00

	ONION BHAJI (V) (E)	£4.95
£4.95 toes,	CHICKEN TIKKA (D)	£5.50 / Mains £11.95
	LAMB SEEKH KEBAB (E)	£6.50/ Mains £12.95
£4.95	TANDOORI SPICED	

£7.50 / Mains £13.95

£6.50

V=Vegetarian | D = Dairy | N = Nuts | E = Egg | G = Glut (= Mild ((= Medium Spicy (((=Hot & Spicy

LAMB CHOPS (D)

(Food described within the menu may contain nuts or derivatives of nuts. If you suffer from an allergy or food intolerance, please let us know)

£7.95

NEPALESE CHEF'S SPECIALS

£11.50/£12.50

(Note: All the Main curry dishes can be prepared mild, medium or extra spicy if instructed to your server)

GURKHA'S SPECIAL CHICKEN/LAMB/PORK

£11.50/£12.50/£12.50 Boneless chicken or lamb or pork cooked with Nepalese spices, green chillies and fresh ginger.

RARA CHICKEN/LAMB

Boneless and minced chicken or lamb cooked with Chef's special Nepalese spices.

HIMALAYAN KHASI (D) Lamb tikka cooked with fresh chillie, garlic, fresh tomato sauce with Nepales herbs.

HARYALI CHICKEN/LAMB (D))) £11.50/£12.50

Tender cubes of chicken or lamb cooked with fresh mint ginger, garlic, green chillies, and Nepalese spices.

OLD DELHI CURRY (D) (N) CHICKEN/LAMB

Chicken or Lamb tikka served in creamy butter tomato sauce.

EVEREST TANDOORI CHICKEN (D))) £13.95

Tandoori cooked chicken breast, served with lentils, saffron pilau rice and fresh mango salad. EVEREST MIXED GRILL (D)))

Tandoori chicken breast, lamb chop, chicken tikka, seekh kebab & king prawn.

SHASLIK (D) Paneer)) £10.95 / Chicken Tikka £12.50

Cubes of cottage cheese or chicken tikka with a spiced coating and chargrilled with onion, mixed peppers cooked in a tandoori oven. BHUTE KO HANSH (D))) Chargrilled duck breast cooked with green

herbs and Nepalese spices.

CLASSIC INDIAN DISHES

VEG £9.50 CHICKEN £10.50 LAMB £11.50 CHICKEN TIKKA £11.50 PRAWNS £12.50

TIKKA MASALA (D) (N)	PASANDA (D)	
KORMA (D) (N)	ACHARI))	
JALFREZI (D)	BHUNA))	
MADRAS)))	DOPIAZA	
DHANSAK))	BALTI))	
ROGAN JOSH	DALI	
VINDALOO))))		

KHASI KO KHUTTA

£13.95

£14.95

£14.95

Shank of Lamb cooked in a smooth sauce with black pepper and Nepalese spices.

HARIYOO SAAG CHICKEN/LAMB/PORK £11.50/£12.50/£12.50

Dice of chicken or lamb or pork and spinach cooked with fresh ginger, garlic, and green herbs.

£12.50 GARLIC CHILLI: Chicken £12.95 | Lamb £13.95 | Tiger Prawn £14.95 Chicken or Lamb or Tiger Prawn cooked dry

with fresh garlic chilli, onion and pepper served with a separate tangy sauce.

DUCK WITH ORANGE (D) £14.95 A Parsi influenced recipe comprising oftender duck breast with exotic warm spice blends with a hint of orange.

EVEREST SIRLOIN STEAK (D) £16.95

Sirloin beef steak marinated with spices, chargrilled served with potato and spinach. (Plain steak available if requested)

MALABAR TIGER PRAWN (D)

Traditional South Indian creamy base curry with curry leaves.

GURKHALI MACHHA (D)

White Fish marinated with crushed Nepalese spices, mustard, ginger, garlic, and fresh herbs.

£13.95 ROASTED WHOLE SEABASS (D) £15.95

A whole seabass marinated with Nepalese herbs and spices served with potato and spinach.

BIRYANI DISHES

BIRYANI DISHES ARE COOKED WITH BASMATIRICE AND COMPLEMENTED WITH A MIXEDVEGETABLE CURRY SAUCE

VEGETABLES))	£10.95
CHICKEN))	£11.95
CHICKEN TIKKA))	£12.95
LAMB))	£12.95
KING PRAWNS))	£13.95

£11.50/£12.50

£14.95

VEGETARIAN MAINS

KARAHI PANEER (D) £10.95 Cottage cheese cubes stir fried with peppers, onion mixed herbs and spices

ALOO PINDI CHANA Stir fried chickpeas and potatoes cooked with fresh ginger, garlic, green chillies with spices.

£9.95

£9.95

£9.95

£5.95

£5.95

£5.95

£5.95

£5.95

PANEER TIKKA MASALA (D) (N) £10.95

Tandoori grilled cottage cheese cooked in spices and creamy sauce.

DAL MAKHANI (D)

Smoked whole black lentils simmered overnight with fresh tomato, garlic, ginger, butter and spices in creamy sauce.

BHINDI DOPIAZA Fresh okra cooked with ginger, garlic, chilli and spices.

VEGETARIAN SIDES

HOME-MADE TARKARI Mixed vegetables cooked with garlic, ginger, and Nepalese herbs.

KHUMB HARA MUSHROOM (D) A fresh valley mushroom tossed with spring onions, ginger, garlic and fresh chilli.

AUBERGINE BHAJI Fresh roasted aubergine cooked with garlic, ginger, tomato and coriander.

TARKA DAL Yellow lentils simmered with ginger, garlic, green chilli finished with fresh coriander.

BOMBAY ALOO Diced Himalayan red potato cooked in a Bombay style.

SAAG ALOO OR PANEER (D) £5.95/£6.50

Spinach cooked with potatoes or cottage cheese with garlic, onions and tomato.

RICE & SUNDRIES

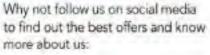
STEAMED BASMATI RICE	£3.00
PILAU RICE (D)	£3.50
EGG FRIED RICE (E)	£3.95
MUSHROOM RICE (D)	£3.95
MANGO COCONUT RICE (D)	£3.95
KEEMA FRIED RICE (D)	£3.95
CUCUMBER RAITA (D)	£3.00
CHIPS	£3.50
PLAIN NAANG)(D)	£3.00
GARLIC AND CORIANDER NAAN (G)(D)	£3.50
TANDOORI ROTI (G)	£3.00
CHAPATI (G)	£3.00
PESHWARI NAAN WITH MANGO	-
COCONUT, FENNEL SEED (G)(D)	£3.50
STUFFED CHEESE NAAN/CHILLI (G)(D)	£3.50
STUFFED KEEMA NAAN (G)(D)	£3.50
PARATHA (G)	£3.50

KIDS MENU

CHICKEN KORMA KIDS SPECIAL (D) (N) Mild Chicken korma with steamed rice or chips.	£8.50
CHICKEN TIKKA MASALA KIDS SPECIAL (D) (N) Mild Chicken tikka masala with steamed rice or s	£8.50 chips.
CHICKEN NUGGETS WITH CHIPS	£6.95

CHICKEN NUGGETS WITH CHIPS





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((= Medium Spicy (((= Hot & Spicy

























18-20 Long Street | Dursley | GL11 4HX

Monday Closed Tuesday 5:30-10 pm 1 Wednesday 5:30-10 pm I Thursday 5:30-10 pm Friday 5-11 pm | Saturday 5-11 pm 1 Sunday 5:30-9 pm

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